



## **A guide to gaining access to Rest Home care**

If you are thinking about the possibility of residential care, the first step is to contact your local Needs Assessment Agency (NASC.)

If you are unable, or too unwell to do this, then your family, or your Doctor, or social worker or hospital staff can do this on your behalf.

The closest Needs Assessment Agency (NASC) to Wesleyhaven Village is **the Hutt Valley Service Coordination Centre , Tel: 04 566 2226** for all those in the area aged over 65 years old.

For those under the age of 65 or those living with a long term disability, then the appropriate Needs Assessment Agency (NASC) is; **Life Unlimited , Tel: 04 569 3102.**

A Care Manager from the relevant NASC service will then undertake an assessment of your requirements and capabilities. If your assessment determines that you meet the criteria for rest home, hospital level care or (say) dementia care, then you will be provided with a list of relevant facilities that have available accommodation so that you (and your family, supporters or friends,) can visit them and choose where you would prefer to live.

Once you have selected your preferred options, you can then notify your NASC Care Manager of your choice and agree an admission date.

If you are likely to be eligible for a 'Residential Aged Care Subsidy', the NASC Care Manager will send you application papers to be completed and lodged with the Department of Work and Income who oversees these subsidies.

If your subsidy application is successful, your superannuation will be adjusted to pay a contribution to your accommodation needs and you will instead receive a fortnightly personal allowance. This is currently \$85.28 per fortnight. The amount of this personal allowance is reviewed annually on the 1 April.

If you don't qualify for a residential aged care subsidy, you will continue to receive your superannuation, however you will need to pay privately for the care that you require.

## **‘Day Support’ is a great way to get to know us**

Wesleyhaven Village offers ‘day support’ care options which allow you to participate in our wide ranging daily activity programme for up to 6 hours per week, ( including lunch and morning and afternoon teas.)

If you have been allocated ‘day support’ by your NASC agency, then ‘day support’ is an ideal way for you to get to know Wesleyhaven . It gives you a welcome change in environment and a chance to meet some new friends while at the same time giving other carers (and family) the opportunity to take a break.